# OCEA HEALTH FAIR

11 A.M.-2 P.M. THURSDAY, SEPT. 12, 2024

OCEA HEADQUARTERS: 830 N. ROSS STREET, SANTA ANA, CA 92701

### FREE MEDICAL SCREENINGS AND HEALTHY OFFERINGS

- SLEEP APNEA
- BODY MASS INDEX
- GRIP STRENGTH
- VITAMIN B12 SHOTS (\$40)
- EXERCISE DEMOS
- REIKI SESSIONS
- FLU SHOTS<sup>3</sup>
- TRIGGER POINT MASSAGE & SPINAL SCREENINGS
- BLOOD PRESSURE
- PULMONARY LUNG FUNCTION
- AND MANY MORE!

#### **FLU SHOTS:**

FLU SHOTS ARE AVAILABLE FOR FREE TO THOSE WHO BRING THEIR BLUE SHIELD, KAISER OR CIGNA HEALTH INSURANCE CARDS.





## FREE GIVEAWAYS, FUN PRIZES, HEALTH SCREENINGS & FOOD AT OCEA!

STAY HEALTHY WITH OCEA AND TAKE ADVANTAGE OF A VARIETY OF SCREENINGS AND HEALTHY OFFERINGS.

### FREE LUNCH, CORN ON THE COB, AND OTHER COLD TREATS!

County and Court employees may use up to two hours of any accrued leave to attend the OCEA Health Fair, subject to supervisor approval.

FREE PARKING AVAILABLE IN OCEA'S LOTS AND DESIGNATED METERS

CAN'T MAKE IT? VISIT OCEA.ORG/HEALTHFAIR FOR AN ONLINE VENDOR DIRECTORY AND TO ENTER TO WIN PRIZES!

DISCLAIMER: The OCEA Health Fair is provided by the Orange County Employees Association as a service to its members with the understanding that OCEA makes no warranties or representations, either express or implied, concerning the accuracy, completeness, reliability, or suitability of any information, product or service offered by fair vendors. OCEA does not endorse any commercial provider, or their products or services. The use of any information, product or service by any OCEA member or other person is strictly voluntary.

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